

## 1. 2 Tongue Twi sters

- Fr eckl ed- faced Fl or ence.
- Figs formfine fancy fare.
- Farner Fred fears fearful fires.
- Four fat friars frying flat fish.
- A fat-thi ghed freak fries thick fish.
- Fi nn found fame and fort une in Fl orence.
- Frisky Freddie feeds on fresh fried fish.
- Five fine funny frogs frowned on furry furniture.
- Five frantic fat frogs fled fromfift fierce fishes.
- Thr ee fluffy feathers fell from Phoebe's feeble fan.
- Frightened Philip forced fearful Fran to fence furiously.
- Four fat dogs frying fritters and fiddling ferociously.
- Felicia Farr flung her frock- up the flue and fled.
- Five fashi onable females flying to France for fresh French fashi ons.
- M. Fox likes the fresh flesh of the fresh fried fish.
- Freddie fried French fries for five funny friends on Friday.
- Five fleas and five flies float fromthe flowers on the surface.
- Francis Fom er's father fried five floundering flounders for Francis Fow er's father's father.
- Fancy Nancy di dn't fancy doing fancy work. But Fancy Nancy's fancy aunty di d fancy Fancy Nancy doing fancy work.
- Francis fries fish fillets for Frederick.
- Frederick fillets four fresh fish for
- Francis's fried fillets.
- This fish has a thin fin. That fish has a fat fin.
- This fish is a fish has a thi nner fin than that fish.
- Fancy Fanny Franks feeling funny about Fred Fer raby's fi shing flies, for Fred Fer raby fishes with flies to catch frisky fi shes.
- Four famهus fishermen found four flounder s-flipper sflapping furiously!-faithfully foll owing four floppy femal eflat-fish.
- Threadbare Fred feeds on fried fresh fish, fish fried fresh, fresh fried fish, fresh fish fried and fish fresh fried, does Thr eadbare Fred?
- Forty fat farmers found a field of fine fresh fodder. Now, if forty fat farmers found a field of fine fresh fodder, where is the field of fine fresh fodder those forty fat farmers found?
- The rough, t ough ruffi ans make fierce faces to fri ght en the four friends. The friendsfight of $f$ theruffians. Four oafs fall flat on the floor, and the rest flee in fear.
- Five flashy flappers Flitting forth fleetly

Found four flightly flappers
Flirting flippantly.

- Of all the felt l ever felt

I never felt a piece of felt
That felt the same as that felt. felt,
Wen I first felt that felt.

- A fly flew past Flo's f tat,

And a fly flew past fat Fl o.
Is the fly that flew past Flat.
The same fly that flew past fat Flo's. flat?

- There was an ol d I ady called Far r,

Who took the 3: 03 trai n for Forfar.
She sai d, "I believe
It's sure to leave
Before the 4: 04 for Forfar!"

- Said the flea to the fly as he flew through the flue,
'There's a flaw in the floor of the flue."
Said the fly to the flea as he flewthrough the flue, 'A flaw inthefloor of the flue doesn't bother me. Does it bother you-?
- A lively young fisher named Fi scher

Fi shed for fish fromthe edge of a 'fissure.
A fish with a grain
Pulled the fisherman in!
Now they're fishing the fissure For Fischer!

- Vim Van. Van. Vim
- Vile Willy's wily violin.
- Valiant vassal s vexed Victoria.
- Ver a val ued the valley vi ol ets.
- Virile Victor vanqui shed vain vendors.
- Vi ol et vai nly vi ewed the vast, vacant vista.
- Vi gorous Vest a voi ced vol uble ver se vociferously.
- One vi ol et winkle veering west vi a Wbrthing went wadi ng round Ventor.
- Ver a Van Vost ock wai ted while Wal ter Van Whle wooed in vai $n$.


## 第2单元［ $\theta \mathrm{J}$ ］训练

## 2． 1 ［ $\mathrm{I} \mathrm{J]}$ 的发音要领

舌尖轻触上齿背，气流由舌齿间窄缝泄出，摩擦成音。二者发音部位相同，［I］为清辅音，不振动声带；［J］为浊辅音，振动声带。［IJ］为舌齿摩擦音。

有人混淆［IJ］，主要原因是＂清浊＂不分。
有人［ $[1]$ 和［ S ］，［J］和［ z$]$ ，不分，就象分不清汉语中的 四＂与＂十＂一样。解决这个问题的办法是，发［IJ］时有意把舌尖放在上下齿之间（正确的发音方法是舌尖轻触上齿背）；而发［s z］时舌尖悬空于上齿龇附近，注意不要把舌尖接触上齿龈。（见 3．1）

也有人把［J］发成［S］，主要原因是发［］时舌端过分用力，贴住了硬腭，以致堵住了舌齿间的缝隙，气流绕舌侧而出。若舌尖轻触上齿背，问题就解决了。（参看 11．1）

## 2． 2 Tongue Twi sters

－Thin sticks，thick bricks．
－Three thrice－freed thi eves．
－Faithl ess，ruthl ess and＇worthl ess．
－Three thrushes thrilled them
－They thanked themthor oughl y．
－Thr ee Scot ch thistles in the thi cket．
－Thel ma saw thi stles in the thick that ch．
－Athin little boy picked six thick thi stle sticks．
－Then the thankl ess theol ogi an thawed thor oughl $y$ ．
－Neither ny mother nor ny father likes this weather．
－His father and nother visited ny brother with Arther．
－Three si ck thrushes sang thirty－six thrilling songs．
．Thr ough thi cket and bush the thirty thirsty Thr aci ans thrust．
－Thus the thug thr eat ened the thor oughl y thought ful theol ogi an．
－Do they think this method is mathenatically thought ful？
－They ran hither and thither as though
－they were fright ened．
－There are thirty thousand feathers an the thrush＇s throat．
－Thr ee thr obbi ng t humping thr ush t hor oughl y thwar ting thr asher s．
－Two thir sty that cher sthought fully that ched athrush＇s nest－such a thank－less task！
－I buy ny suits fromTheophil us Thictlet hwaite，the tail or at thirty－three South Twelfth Street．
－The aut her＇s ent husi asmfor the theory runs thr ough the whol e thi ck book．
－These bathers are breathing through their mouths．Snooth breat hi ng is rather soot hi ng．

- He had nothing but a farthing, and a farthing wasn't worth anything, even in those days.
- They think that these thi ngs are better than those.
- As the thi cker things are better than thin things.
- I can thi nk of six thin thi ngs. Si $x$ thin things, can You! Yes, I can think of si $x$ thin things and of si $x$ thick thi ngs, too!
- I thought a thought. But the thought I thought wasn' t the thught I thought I thought. If th3 thought I thought had been the thought I thought I woul dn't have thought so mach.
- A that cher of That chwood went to That chet a-that ching.

Did a that cher of That chwood go to That chet a-that ching? If a that cher of That chwood went to That chet a-that ching, where's the that chi ng the that cher of That chwood has that ched?

- On two thousand acres, too tangl ed for tilling,

Where thousand of thorn trees grew thrifty and thrilling, Theophilus Twistle, Iess thrifty than some, Thrust three thousand thi stles through he thick of his thumb!

- If Ti not hy Theophi I us Thi ckl et hwai te Thwachumt hr ust his two thick thunb through three hundred and thirty-three thousand thr ee hundred and thirty-three thick and thin thi stles, where are the three hundred and thirty-thr ee thousand three hundred and thirty-three thick and thin thistless that Timothy Theophi I us Thi ckl et hwai te Thwachumt hr ust hi s two thi ck thunbs thr ough?


## 2. 3 Verses

Weat her
Wen the weather is wet
We must not fret, $\qquad$
Wen the weather is cold We must not scol d.
Wen the weather is warm
We must not storm, $\qquad$
But be thankful together
Wat ever the weat her
The House I ack Built
This is The rat
That ate The malt
That lay in The House
That Jack built.
Thi s is The cat

That killed The rat
That ate The malt
That I ay in The house
That Jack built.
Thi s is The dog
That worried The cat
That killed The rat
That ate The malt
That I ay in The house
That Jack built.
This is The cow with The crumpl ed horn
That Toss 'd The dog
That worried The cat
That killed The rat
That ate The malt
That I ay in The house
That Jack built.

## 第 3 单元 $[K L]$ 训练

## 3． $1[\mathrm{~K} \mathrm{L]}$ 的发音要领

舌端靠近上齿龈（不要贴住），气流由舌端齿龈之间泄出，摩擦成音。 $[\mathrm{K}]$ 为清辅音，送气，声带不振动；［ L$]$ 为浊辅音，不送气，声带振动。［KL］为齿龈摩擦音。有人把英语字母 c（读音［ si：］——读作［ M ：］，混淆了 $[K]$ 和 $[M$ 的发音。 $[K]$ 是靠舌端和齿龇摩擦成音的，舌端在齿齔附近，舌身较低，发［ $M$ 时舌尖和舌端抬高是个后齿龇摩擦音。（参看 4．1）

## 3． 2 Tongue Twi st ers

－SI im Sam slid si deways．
－Strange strategic statistics．
－The si nking streaner sank！
－A ship sails south soon．
－Students study stencilling steadily．
－The saucy slippery scoundrel scampered scurrying by．
－The seet hing sea cease and thus the seet hi ng sea suffices us．
－Silly Samm St okes spilt some sticky＇syrup on the stove．
－She saw the shi ny soap suds sailing down the shal low si nk．
－Slim Sam shaved si $x$ sli ppery chins in si xty－si x seconds．
－Shy Sam Smith thought Sar ah Short so sweet
－Sally had saved seventy－seven si xpences．
－Shirley slid the sci ssors down the slippery slanting slats．
－Sarah sits by six sick city slickers．
－। míss ny SMi ss miss．My Swiss Mss misses me．
－The sliny snail slid slowly the slide．
－Strikes strangle struggle，squandering schedul ed synthesis．
－Sar ah in a shaw shovel ed soft snow softly．
－A single solid silver sifter sifts sifted sugar．
－This is the pricelist for the suitcases．
－Six silly si sters sell silk to six sickly seni ors．
－Sone sail ors suffer from sea－si ckness．
－Mas．Snelling＇s selling six si ck shorn sheep．
－Six silly sleepers slept softly on silk sheets．
－Sooty，Sukey shook some soot fromsi ster Suzi e＇s sooty shoes．
－Sli ppery sleds slide snoothly down the sli ceway．
－A shifty snake selling snakeskin slippers．
－Snip off those silly little bits with these scissors
－M．Spock spoke softly of specific space specifications．
－Meet Sir Cecil Thi stleth waite，the cel ebrated theol ogical st atistician．
－Si ster Suzy will sing us some sweet Si cilian songs．
－Seven serious southern sol di er s setting sail south suddenly．

- Pl ease sell me some short silk socks and sone shimering satin sashes.
- Seven slippery seal s sat s- 4nai ng silently si de by si de.
- A si ck spar row sang six Spring songs sitting shel tering under a squat shrub.
- Sally Sue sat sadly saying sixty-six syllables on Sat ur day.
- Si x Silici an snakes si bilantly sang six silly ser enades to si $x$ Ser bi an ser pents.
- If a sleeper in a sleeper sleeps, does the sleeper not in the sl eeper on the sl eeper sl eep?
- Of all the smells l have ever smelt, l never snelt a smell that smelt like that smell smelt.
- The mi ser able swi merer sank suddenly in the swift M ssi ssi ppi.
- The di ssatisfied assistant assassi nated his master, the Presi dent '
- The school boy stood on the sands to see the sail ors pass.
- A sniffer of snuff is enough snuff for a sniff sniffer.
- Susanna has sever al assi duous suitor s but none of these suitors suits Susanna.
- Sanmy Snake sni ffed sweet smel I ing sunf I ower seeds whil e sitting besi de a swift stream
- The Mysteri ous stranger sat silent and. sai d not a si ngl e word not even whi spered one.
- Swan, swi mover the sea. Swim Swan, swim
- Swan, swi mback agai $n$. Well swum Swan!
- Fuzzy Wizzy was a bear, Fuzzy Wizzy had no hai r, Fuzzy Wizzy wasn't fuzzy, was he?
- A skunk sat on a stump.

The skunk thunk the st ump st unk, And the st ump thunk the skunk st unk.

- As I was going past M. Young's yard, I saw a man sawing.
And of all the saws I ever saw, I never saw a saw like that saw sawed!
- Sammy Snellie smelt, a smell of small-coal. Did sammy Snellie smell a smell.. of small-coal? If Sammy Snellie smelt a snell of small-coal, Where' s the smell of swall-coal Sam ny Smellie smelt!
- Saucy Sally saw Silly Sam sowing sunfl ower seeds.

If Silly Samsaw Saucy Sally seei ng hi msow sunflower seeds, Should Silly Sam sob?

- Suppose Sally shr edded suet so swiftly that she was sooner done than she expect ed,
- How sl owly would Sally have to shred suet to be done as soon
as she expected she would be?
- Down the slippery slide they slid Sitting slightly si deways; Sl i pping swiftly see them skid On hol idays and Fridays. Si ster Suzi e's sewing shirts for sol diers.
Sone skill at sewing shirts our sky young Suzie shows.
Sone sol di ers sent epi stles Saying they'd sooner sleep on thi stles Than miss the saucy soft short shirts for sol diers Si ster Suzi e sews.
- Now a sl eepi ng car's known as a sl eeper,

And sl eepers for sl eeper s they keep,
And sleepers run under the sleepers
In which those sl eepy sl eepers sl eep.
If a top were to sleep in a sleeper,
And the sl eeper beneath hi mwent pop,
It's a logical cert that the top would get hurt,
For there's no sl eeper that sleeps like a top!

- M. See ouned a saw

And MI. Soar owned a seesaw.
Now See' s saw sawed Soar's seesaw
Bef ore Soar saw See,
Wi ch made Soar sore,
Had Soar seen See' s saw
See' s saw woul d not have sawed Soar's seesaw.
So See' s saw sawed Soar's seesaw But it was sad to see Soar so sore Just because See's saw sawed Soar's seesaw!
3. 3 Verses

The Lady Upon A Wite Horse
Ri de a cock-horse to Ban bury Cross,
To, see a fine I ady upon a white horse;
Rings on her fingers and bells on her toes,
And she shall have music ' wher ever she goes.
What the Boys and Girls Made of
Wat are little boys made of
Frogs and. snails
And puppy-dog's tails,
That's what little boys are made of.
What are little girls made of?
Sugar and spice
And all things ni ce,
That's what little girls are made of.

As I was goi ng to St. I ves, I met a man with seven wives, Every wife had seven sacks, And every sacks had seven cats And every cat had seven kits, And every kit had seven Iives. Kits , cats, sacks and wi ves, How many- were there going to St. I ves?

Si mple Si mon Net A pi enan
Si mple Si man met a pi eman
Going to the fair.
Says Si mple Si mon to the pi eman:
"Let me taste your ware."
Says the pi eman to Si mple Sim:
"Show me first your penny.
Says Si mple Si mon to the pi eman, "
I ndeed I have not any penny."

## 第4单元［M］训练

## 4． 1 ［M］的发音要领

舌尖和舌端抬向上齿龈较后部位，整个舌身抬起靠近上腭，形成一条狭长的通道，气流由此通过，引起摩擦，［M］是腭龇摩擦音。

发这两个音时，还要注意：双唇稍向前突出，略成长方形，但不要扁唇，以免发成汉语普遍话的＂徐＂，＂希＂音。
$[M$ 是清辅音，送气，不振动声带；［ $\{$ ］为浊辅音，不送气，振动声带。

## 4． 2 Tongue Twi st ers

－The shepherds share the She I and shaw．
－The shaw was washed ashore from a shapel ess shi p．
－M ．Bush spl ashed the sheets when hi washed di shes．
－Mr．Nash sells fish and shellfish fromthe ocean．
－Seventy shuddering sailors．stood silent as short sharp shattering shocks shook the spl endid ship．
－If neither he sells seashells， Nor she sells seashells， Who shall sell seashells， Shall seashells be sol d？
－She was still shaking fromthe shock of bei ng crushed in the rush．
－Sue said she should show the shr end shr ew the same she threw the shr ewd shrew．
－She shut the shop and showed the chil dren the shi p，the sheep and the chi cken
－Sheila＇s Shet I and pony shi ed， Shooting Sheila on the shore， Shaki ng Sheila，st upefi ed， Struggl ed honeward，stiff and sore．
－Susan Schumann shot a solitary chamoi s and recei ved a short， shar p，sal ut ary shock from such shamel ess sl aughter．
－Sheep shoul dn＇t sl eep in a shack．
Sheep should sl eep in a shed．
－If a Shi pshape shop st ocks si $x$ shi p shape shop－soiled shi ps． How many shi pshape shop－soil ed shi ps would si $x$ shi pshape shi p shops st ock？
－It is on illusi on to think there was no collusi on．on that the consci entious judge was partial．
－The deci si on was that on that occasi on the collisi on was due to faulty vision．

- I can't measure the pleasure I have it vi ewing this treasure at I ei sure.
- The sei zure of the treasure is a pleasure.
- Benson's cautious actions saved the regi nent Seven.
- A shooting suit that's suitable for shooting,

Should. be made of a suiting that is suitable.
If not made of a suiting that is suitable,
Then that shooting suit's not suitable for shooting!

- The si xth shei k's si xth sheep' s si ck!
- Sar ah saw a sash shop full of showy, shi ny sashes.
- Shy Sheila shakes soft shi mmering silks.
- She sells seashells at sea shore, and the shells she sells are seashells, I'msure. 'cause if she sells seashells at the sea shore; the shells she sells are seashells for sure.


## 4. 3 Verses

## W sh

If I could wish, I would be a fish To flip and flash, And dart and spl ash And not hing el se to do, And never anyone to say Are you sure you wi shed today? I would Iike it , woul dn't you?

There Was An Ol d Wbman
There was an ol d woman Wh ved in a shoe She had so many children She did not know what to do, She gave them sone br oth Wthout any bread, She whi pped them al I well And put themto bed.

There Was A Young Fel I ow Named Fi sher
There was a young fell ow named Fi sher, Who was fishing for fish in a fissure, When a fish with a grin, Pulled the fisherman in; Now they're fishing in the fissure for Fi sher

## 第5 单元［ 0 ］和 $[T]$ 训练

## $5.1[0 \mathrm{~T}]$ 的发音要领

发［ 0$]$ 时气流不受阻碍，自由逸出口腔，只在通过声门 $]$ 时发出轻微摩擦，口形不定，随其后的元音而变化。［0］是清辅音，声带不振动。［ 0 ］为声门摩擦音。

发［T］时舌尖向上齿龁后部卷起，舌前部下陷，略成凹形，舌身两侧收拢，双唇略突，气流由舌面和硬腭间泄出。［ T$]$ 是浊辅音，声带振动。 ［ $T$ ］为硬腭后齿龈摩擦音。

有人（主要是南方人）分不清［ T］和［ $S$ ］，常把 read 读作 lead。纠正这个错误。必须掌握［ $T$ ］和［ $S$ ］的发音要领。（参看 11．1）

## 5． 2 Tongue Twi sters

－If to hoot and to toot
A Hottent ot tot，
Was taught by a Hottent ot tut or，
Should the tut or get hot，
If the Hottent ot tot
Hoots and toots
At the Hottent ot tutor？
－If a Hottent ot taught
A Hottent ot $t$ ot，
To talk ere the tot could totter，
Ought the Hottent ot tot
Be taught to say＇ought，
Or what ought to be taught her？
The heir＇s hair gets into the heir＇s ear．
－How hi gh His Hi ghness hol ds hi s haughty head！
－If a hai $r$ net could net hai $r$ ，
How much hai $r$ coul $d$ hat hai $r$ net
net if that hai $r$ net could net hai $r$ ？
－Houst on has hosts of huge houses and heaps of hi gh horses．
－The horse＇s hard hoof s hit the hard hi gh roads．
－Bees，hoard heaps of honey in hi ves．
－It isn＇t the hunting on the hillsthat＇hurts the horse＇s hoof s．
－Heat her was hopi ng to hop to Tahiti To hack a hi bi scus to hang on her hat．
Now Heather has hundreds of hat s on her hat rack，So how can a hop to Tahiti hel p that？
－The hunter hurriedly hid behind a hi gh hedge．
Hel en hit the snail head with a heavy hammer．
－Wth one hand，her husband hid her hat in a hi gh hole．

- The hunter and his huge hor se hid behi nd the house.
- He hel d his head hi gh when he heard them prai se his her oi sm
- The hard- hearted father di si nheritted his unhappy daughter.
- Henry offered Hazel hal $f$ hi s heart but hal $f$ a heart isn't enough for Haze!
- The hard work he had to do has had a hearteni ng effect on his previ ously horrible behavi or.
- If Rol and Reynol ds rolled around roll around a round room
- Round the round the ragged rocks the ragged rascal $r$ an.
- Real roses rustle rurally.
- The rat ran by the river with a lump of raw liver.
- I can't stand rotten witing when it's written rotten.
- Ri ch Raj ahs ri de rei nder swithred rope reins ar ound thei r regal necks.
- Readi ng bells ring rapidly and reeds rustle around rivers.
- Roy bor rowed a rod to hit the rat.
- The nerry drummer drank more ale than was right.
- Thr ough rust ling reeds, in t wos and thr ees, the cops rushed int o thei r pl anes.
- Robert Rolly rolled a round roll around. If Robert Rolly rolled a round roll around, Where is the round roll Robert rolled around?


## 5. 3 Verses

He! Haw! Hum
John Cook had a little gray mare.
He haw hum
Her back st ood up and his bones were bare.
He haw hum
John Cook was riding up Shuter's Bank
He haw hum
And there hi s nag did kick and prank.
He haw hum
John Cook was riding up Shuter's Hill.
He haw hum
His mare fell down and she made her will,
He haw hum
The bridle and saddle were laid on the shelf
He haw hum
He haw hum
If you want any more, you must make

## 第 6 单元 $[B A]$ 训练

## 6． 1 ［BA］的发音要领

双唇紧闭，然后突然张开，气流冲出口腔。
［ A$]$ 是清辅音，送气，声带不振动；
［ $B]$ 是浊辅音，不送气，声带振动。
［A B］是双唇爆破音。
发英语［B］时注意不要与汉语＂b＂混淆。汉语＂b＂属清辅音，发音时送气，不振动声带，其共鸣主要在口腔前部，而英语［ B］是浊辅音，发音时声带要振动，不送气，共鸣靠后，甚至声门处也能感到有共鸣。发英语［AB］时不要夹杂元音，以免发成汉语的＂$p$＂或＂$b "$ 。

## 6． 2 Tongue Twi sters

－Peter Pi per pi cked a peck of pi ckl ed peppers．
Did Peter Pi per pick a peck of pickled peppers？
If Peter Pi per pi cked a peck of pickl ed peppers，where is the peck．of pi cked peppers Peter Pi per pi cked？
－St op chop shops selling＇chopped shop chops．
－A purely rural duel truly pl ural is better than a purely pl ur al duel truly rural．
－Tombrought some fine prime pink popcorn fromthe prime pink popcor $n$ shop．
－Pretty Polly Perkin pol i shed paper pl at es and pl aster pl aques．
－The Pope poked a poker at the pi per，So the pi per poked sone pepper at the Pope！
－A bear ded peer on the pi er appeared to peer in the pi er gl ass．
－Pete＇s Pa，Pete，popped off to the pea pato to pick a peck of peas for the poor pink pig in the big pigpen．
－Is there a pleasant peasant present？
A pl easant pl ace to pl ace pl at es is a pl ace where the plat as are pl eased to be placed．
A poor pauper paused on Pur pose to pawn a por poi ses
Pl ain pl unp Pansy pl ayed pi cquet pl easantly．
－The prai si ng princess pi cked a pl ate of pepper corn Puddi ng and pelican pie．
－Pi ck the pl ump pl uns and put the cut pumpki $n$ i $n$ a pi pki $n$ ，pl ease．
－Don＇t play practical jokes that are only st upid pranks．
－The poor peasant prayed patiently that the panther woul dn＇t pounce．
－Poor Peter was purmelled and punched until he was purple．
－Paggy has promi sed to pl ay the har p and make everybody happy．

- Billy Botton bought a buttered bi scuit.

Did Billy Button bought a buttered bi scuit?
If Billy Button bought a buttered bi scuit.
Where is the buttered bi scuit Billy Button bought?

- Once upon a barren moor

There dwelt a bear. al so a boar.
The bear could not bear the boar,
The boar thought the bear a bore.
At last the bear could bear no more
That boar that bored himor the moor.
And so one morn he bored the boar-_
That boar will bore the bear no more!

- Double bubble gum bubbl es double.
- Betty Bl ock brought back bl ack bric-a-brac.
- The beet that beat the beet that beat the other beet, whether the original beet that beat the beet or the beet that beat the beet that beat the ot her beet!
- Bill had a billboard,

Bill al so had a board bill,
The board bill bored Bill,
So Bill, sold the billboard
To pay his board bill.
The board bill no longer bored Bill.

- Betty Botter bought sone butter.
"But, "she said, 'the butter's bitter.
If l put it in mB batter, It -a-ill make ny batter bitter.
But a bit of better butter-
That would make my batter better.
So she bought a bit of better butter.
And she put it in her batter, And the batter was not bitter. So it was better Betty Botter bought a bit of better butter!
- Billy Butt on butt oned hi s bright brown boots and bl ue coat bef ore breakf ast began.
Beautiful Bonnie Bliss bl ows blissfully beautiful bubbles.
- The bott omof the butter bucket is the buttered bucket bottom
- A boot bl ack bl acks boots with a bl ack bl acking brush.
- The big baker bakes bl ack bread.
- Billy burst his big beautiful bl ue balloon.
- Barbard burned the brownbr ead badly.
- The brisk, brave brigadiers brandi shed broad bright bl ades, bl under busses and bl udgeons.
- Big Ben- Bear's bike brake broke.
- The buds on the bare boughs are about to burst into bl ossom
- A big bl ack bag bit a big bl ack bear, and made the big black
bear bl eed bl ood.
- A bold bad bandit broke into the bank and robbed the safe of the best bonds in it.
- Bill was beaten bl ack and bl ue by a bad boy with a bag on his back.
- Big bad Bill Blake' s brother; Bert bought big bad Bl ake a bal I and a bat.
- A big bl ack bear bit the back of a big black pig

Then a big bl ack bug bit the back of the big bl ack bear, And when the big bl ack bug bit the big bl ack bear, The big black pig bit back the big bl ack bear.

## 6. 3 Verses

## A Birthday Doll

Nbther bought me a doll.
She bought it fromt he depart ment st ore, She bought it for ny birthday,

And on my birthday, to me it was brought.
Pease Porridge hot.
Pease porridge hot,
Pease porridge cold,
Pease porridge in the pot,
N ne days ol d .
Some like it hot,
Sone like it cold,
Some like it in the pot,
N ne days old.

## I'ma Little Tea Pot

l'malittle tea pot, short and stout.
Here is my handle, here is my spout,
When I get a whole pot in my spout,
Just tip me over aid pour me out.

## 第 7 单元［CD］训练

## 7． 1 ［CD］的发音要领

舌尖紧贴上齿龈，形成阻碍，接着突然下降，气流冲出口腔。［CD］是齿龈爆破音。 $[C]$ 为清辅音，送气，声带不振动；［D］是浊辅音，不送气，声带振动。

发 $[C D]$ 时不要随便夹杂元音，以免发成汉语普遍话的＂$t$＂或＂$d$＂。英语 $[C D]$ 与汉语＂$t$＂＂$d$＂之别类似英语 $[A B]$ 与汉语＂$p$＂＂$b$＂的区别。汉语普遍话的＂$t$＂＂$d$＂均为清辅音，发音时送气，共鸣在口腔前部。而英语的［ C］为清音，没有共鸣，只有爆破，［D］为浊音，共鸣在口腔后部，直至声带（因为要振动声带）。

## 7． 2 Tongue Twi sters

－A tidy tiger tied a tie tighter to tidy her tiny tail．
－Twi ne twi sted twi gs twenty twirls．
－Tiny Tomtoddles to the tiny toddl ers toyshop．
－Ten tane tadpol es tucked tightly together in thin tall tin．
－Tuesday is stew day．
－Stew day i s Tuesday．
－Twel ve twi nes twirled twel ve twi gs twel ve times．
－Tammy Tiger taught Ti mmy Tiger to tell the time．
－Two tiny timid toads trying to trot to Tarrytown．
－The trip by train took a tiresome twenty two hours．
－Ten tiny turtles sitting on a tinny tin tub turned tan．
－Twenty－two terrible turtles tangled up their tails．
－Don＇t tickle Tessie，Tom tickling Tessie＇s naughty．
－Tomt urned to Ted，Tol d Ted to try To tie the tie Tomtried to tie．
－The ten tiny tots were taught by a private tut or from Et on．
－Twel ve typi cal typol ogi cal typogr aphers typi cally translating the typography of topical，tropical typogr aphical types！
－Send ten tons of pink－tinted toil et tissue to Tom Tinms．
－Ti mothy took Titus to Tavi stock to teach the tontits to tal k theol ogy tothe Turks that ravel through Tartary．
－Ti pt oe Tommy turned a Turk for twopence． Did Ti pt oe Tommy turn a Turk for twopence？ If Ti pt oe Tommv turned a Turk for twopence， Where＇the Turk for twopence Ti pt oe Tommy turned？
－He took his ticket from his pocket and passed it to the ticket－coll ect or．
－The cart st opped at the gate of the rest aur ant in Cart St reet．
－It＇s better to take your time to put the good butter into the
big bottle.

- Ten tongue-tied tailors twisted tinted thistles with their teeth.
If ten tongue-tiedtail ors twi stedtinted $t$ hi stles with their teeth.
Wotinted thetintedthistlesthat the tentongue tiedtailors twi st ed?
- Ten tiny toddling tot strying to traintheir tongues to trill.
- Twenty tal ented teachers teaching tiny tots their two times table.
- Twenty tinkers took two hundred tin tacks to Toy Town. If twenty tinkers took two hundred tin tacks to Toy Town. How many tin tacks to Toy Town did each of the twenty tinkers goi $n g$ to Toy Town take?
- The t went $y$ - to- two train to Tooting tootl ed tunef ully a it tore thr ough the tunnel.
- Tomny Tickle tickl ed his teacher.

Where di d Tonmy Tickle's teacher tickle Tonmy?

- A maid with a duster

Nade a furious bluster Dustin, a bust in the hall.
Wen the bust it was dusted,
The bust it was busted,
The bust it was dust, that's all. Ti na Tayl or the ticket-taker takes tea at tea past ten. If Ti na Tayl or is taki ng tea. who's taking tickets at ten past ten?

- At ut or ' who t aught on the fl ute tried to t each t wo young t oot er s to toot. Said the two to the tut or, "Is it hard to toot, or to tut or two tooters to toot?"
- The Duke dr agged the di zzy Dane down ; into the deep damp dank dungeon.
- The dude desi gned the desper ate pl ot to dupe the dreadf ul desper ado.
- Dick's doctor doesn't drive in the desert.
- Denni e's daughter Di ana doesn't di slike darning.

Daddy drew hi s dagger and dashed to def end his daughter.

- How much dew woul d a dewdr op dr op if a dawdr op coul d drop dew?
- David brought the doctor's dog to dear Dora's door.
- David and Doris had a ball and they danced fromdusk to dawn.
- Di mpl ed Di na danced in a dai nty dimity down the dunes .
- Dashing Dani el defied David to deliver Dor a fromthe dawning danger.
- Daring Dan dashed dizzily down the dale doi ng danagi ng deeds
as he went.
- If one doct or doct or s anot her doct or, does the doct or who doct or s the doct or doct or the doct or the way the doct or he is doct oring doctors? Or does he doctor the doct or the way the doctor who doctors doctors?


## 7. 3 Verses

Tom the Piper's Son
Tom, Tom the pi per's Son,
St ole a pig and away he ran;
The pig was eat, and Tom was beat,
And Tom went how ing in the street.

W inter and Sand
Little drops of water,
Little grains of sand,
Nake the mighty ocean
And the pl easant I and.
The Princess Lost Her Shoe
Doodl e, doodl e, do,
The princess lost her shoe
Her hi ghness hopp' d
The fiddler stopped
Not knowing what to do.

A Little Girl
There "- as a little girl,
And she had a little curl
In the middle of her forehead.
And when she was good,
She was very, very good;
But when she was bad,
She was horrid.

## 第8单元［E g］训练

## 8． 1 ［E g］的发音要领

舌后部隆起，紧贴软腭，形成阻碍，接着突然离开，气流冲出口腔。 $[E]$ 为清辅音，送气，声带不振动；［g］为浊辅音，不送气，声带振动。 ［E g］为软腭爆破音。发［E g］时舌后部一定要抬高并贴紧软腭，然后再突然放开。这样就可避免混淆英语［Eg］与汉语普遍话＂k g＂

## 8． 2 Tongue Twi sters

－Qui xote Qui cksi nght quizzed a queeri sh qui dbox． Did Qui xote Qui cksi ght quiz a queeri ish qui dobx？ If Qui xote Qui cksi ght qui zzed a queer i sh qui dbox，Where＇s the queer i sh qui dbox Qui xote Qui cksi nght qui zzed？
－Ki noo Kentole ki cked his ki nsnan＇s kettle．
Did Ki noo Kentlo e ki ck hi s kinsman＇s kettle If Ki nbo Kentole ki cked hi s ki nsman＇s kettle， Were＇s the ki nsman＇s kettle Ki noo Kentole ki cked？
M．Knox
Keeps hi s socks
In a pale pink chocol ate box．
They＇re orange socks Wth spots And clocks．
Can King ki ss qui cker than Queen Kate？
－Keep cool and call a cab．
－Cl early the cl ause in K aus＇s cont act causes K aus conf usi on．
－Cooky cutters cut ．cute crooked cooki es．
－A queer qui ck questioni ng quiz．
－Quick，qui et quilts quote Qui nney＇s quarrel．
Qui ck－－－Quack－－Quock
Quack－－Quack－－Qui ck
Quack－－Qui ck－－Quack
Qui ck，whitewash wi cked qui cksand quite white．
－The quai nt queen qui ckly quelled the quarrel sone Quaker！
－Thi s crisp crust crackles crunchily．
－We eat what we can and what we can＇t we can．
－The crime compl et ed，the coward craw ed cautiously coast ward．
－Fat her Coward＇s crack crazed the crowded congregation．
－The cox crew towed at cock＇s crow．
－How much caramel can a canny canni bal creaminto a camel，if a canny canni bal can cram car amel into a camel？
－Mis．Cripp＇s cat crept into the crypt，crept round and crept out through a crack．
－Cross－eyed Cl ar a＇s Cr azy over cr osswor ds She＇s got conpet i tions
on the brain.
Wen she' s worki ng, everybody's weary.
She' s wr apped up in her di ctionary.

- Na' s cross, Pa's cross,

Everybody's got cross ways, And it's quite imposs To avoid getting cross Wth cross- eyed Cl ar a and her crossword craze.

- Cross crossi ngs cautiousl y
- Uncl e Kennet h' s bl ack cat Ki mi s quite an i nqui siti ve cr eat ure.
- Cliff Cross crossed the crisscross crossing.

The crisscross crossing Cliff Cross crossed.
When Cliff Cross crossed the crisscross crossing, Where's the crisscross crossing Cliff Cross crossed?

- Can Kitty cuddle Katie's kitten?
- Crime cuts cut crime.

Mis. Cl ayt on col I ect s coconut cooki es and. Cr unches whi I e she' s counting crutches

- The cook baked a cake. The cake is like a rock
- Cook cooked a cup of cold creany cust ard.
- Acricket critic cricked his neck at a critical cricket match.
- Great crates create great craters.
- It's kind of Karl to ask Kate to come to the concert with Karl's guitar, in her bl ack car.
- Camer on came car eering round the corner, compl eting hi s crazy career by crashing into the crypt,
- If a good cook coul d cook cuckoos so fi ne And a good cook coul d cook cuckoos all the time, How many cuckoos could a good cook cook If a good cook could cook cuckoos?
- Crazy Cl ar a cat ches craw ing crabs.
- Cuthbert was caught coughing in his coffin.
- The crazy cockroach crowned the crooked cricket.
- Capt ai n Crackskull cracked a cat chpoll's cockscont. Did Capt ain Crackskull cat ch a cat chpoll's cocksconb? If Capt ai n Crackskull cracked a cat chpol।'s cocksconb, Were's the cat chpoll's cockscontb Capt ai $n$ Crackskull cracked?
- The cat-catchers can't cat ch caught cats.
- The car ef ul country cook could keep his coat clean in maki ng cooki es for the ki ng and queen.
- The cr eam col our ed car, dri ven car el essly, collided with a cart carrying a quantity of sticky clay.
- Kate keeps Kid gay by gi vi ng hi m candi es and cooki es.
- The cat ki cked the kettle, the kettle was ki cked b-v a cat with a kerchi ef.
- How many cans can a canner can if a canner can can cans? A canner can can as many cans as a canner can if a canner can can cans.
- A gl owi ng gl eam gl owi ng green.
- Granny's gray goose greedily gobbl ed gol den grai $n$ in Graham s gabl ed granary.
- Gregory Grimes groaned with a grimgrimace.
- Gaze on the gray gay brigade.
- G oria Groot gl ued a groat to Gregory's goat.
- Gertrude Gray, gazes, at the gray goose gaily.
- Gai ly gat her ed the gl eaner st he gl ossy gol den gr ai $n$ and gar ner ed it gladly in Granny's great gr anary, in Godf rey's gr een gl assy gl en.
- Cows graze in dr oves on gr ass whi ch grows ingrooves on groves.
- Grace' s gray-green gloves glided gracefully to the ground.
- The girls gui de gi ggl es at the guardsman guar di ng the gar den.
- Thr ee gr ay geese crept into Clither oe Castle. Out of Clither oe Castle crept three gray geese.
- The glow wormis gleamglitters in glade and glen.
- The gr ave gamesman groused when the greyhound grovel ed.

Gaffer Gilpin grabbed a goose and gander. Did Gaffer Gilpin grab a goose and gander? If Gaffer Gilpin grabbed a goose and gander, Where are the goose and gander Gaffer Gilpin grabbed?

- George Gabs grabs crabs, Crabs George Gabs gr abs.

If George Gabs grabs crabs,
Where are the crabs
George Gabs grabs?

- Georgi a' s George is gorgeous.
- Let's go and get our guns to give the eneny a grim wel come.
- Gracie grasped the groani ng goose and the gravy gushed to the ground.
- The good gui de got all our gear toget her bef ore, began the cl i mb.
- Our grey goese gave us an angry warning when the hungery wol f came agai $n$.
- Green greengages grow in green greengage trees.
- "Goodbye, Gertie," gushed Gussie, "Goodbye, Gussie," gushed Gertie.
Our great-grand- gran is a greater great-grand-gran than your gr eat- gr and- gr an is.
- Give George green gl oves and gl eaming gal oshes.
- Gay Gladys gl anced br avel y at gr ave Gret a and gl i ded gl itter i ngl y past guilty Grace at the gl ori ous garden gal a.
- The gumgl ue grew gl um

Baby Chi ck
Peck, peck, peck
On the warmbrown egg.
Out cones a neck.
Out cones a leg.
How does a chi ck,
Who's not been about,
Di scover the trick
of how to get out?

The Duck
by Ogden Nash
Behol d the duck
It does not cluck.
A duck it lacks.
It quacks.

Pat-a- cake
Pat-a-cake, pat-a-cake, baker's man!
Nake me a cake as fast as you can; Prickit and stickit, and markit with B,

And put it in the oven for Baby and me.

Jack the Yak

A Yak Wth a pack
On hi s shaggy back
Went for a wal k
On the railroad track.
The train cane scurrying,
Clickety-cl ack,
Wth a pack on his back.
Travel ing a trail

## 9. 1b Tongue Twi sters

- Cheryl's chilly cheap chi ps shop sells Cheryl's cheap chi ps.
- The fish- and- chi ps shop' s chi ps are soft chi ps.
- "Cheep- cheep, " chirped the cheery chaff inch.
- Charlie chooses cheese and cherries.
- Cheerful children chant charming tunes.
- Charlie's chanber's just a hot chpotch.
- A preacher preaches in his church.
- They chopped up the chairs with a cheep, chi pped chopper.
- Teach the children to fetch the chicken fromthe kitchen.
- The chi ef charge agai nst the chairman is that he cheat ed the Exchequer
- They cheer ed the cheerful chap who chose to vent ure to mat ch his skill Keith the champi on's.
- For I unch, Char I es chose a cheap chop and sone chi ps, wi th cheese and cherries afterwards.
- The chai r man made such a good speech t hat the chi I dr en rose from their chairs and gave hi ma big cheer.
- Jamie's drawer jingl ed joyfully.
- Jumping Jill plays - with jacks and juggl es jellybeans.
- Jumping Jackey j eer ed a j esting juggl er. Did Jumping Jackey jeer a jesting juggl er? If Jumping lackey j eered a j esting juggl er, Where' s the jesting juggl er Jumping Jackey jeer ed?
- A jester from Lei cester Went to see Esther, But as Esther was taking her si esta.
The jester from Lei cester di dn't see Esther.
- Joan j oyously joi ned jaunty John in jiggling jugs.
- Jean, Joan, George and Ger al d judged gener ally.
- Jingling George jiggl ed juice in a jar.
- Juvenile Jack Jones jumped jerkily on Jimm in the gymasi um James just j ostled Jean.
Our Joe wants to knowif your Joe will lend our Joe your Joe's banj o. If your Joe won't I end our Joe your Joe's banjo, our Joe won't I end your Joe our Joe's banj o when our Joe has a banj o! He injured his thumb on the jagged edge of a broken j ar. George and James were charged with perj ury and tried bef ore a judge and jury.
- Jack wat ched George eat a peach on the bridge near the church.
- The j ust judge chose this chance to see the rich with a I arge badge on his chest.
- The geol ogi st put some cheese, cherries, peaches and chest nut s in the I arge packet of . hi s jacket and went on a journey.
- The ri ch gent I eman i s gener ous to engage the sur geon in J anuary. - James was obliged to changenent, when he saw the firs" bat ch of injured sol di ers on the bridge.


## 9. 1c Verses

Jack and Jill Went Up the HII Jack and Jill went up the hill. To fetch a pail of water;

Jack fell down，and broke his crown，
And Jill came tuntling after．
Jack Jump
Jack be ni nol e，
Jack be qui ck，
Jack jump over the candl estick
Knock at the Door
Knock at the door， And peep in，
Open the door， And wal k in．
Chi nchopper，chi nchopper， Chi nchopper chi $n$ ！

How Mech Wood A Wbodchuck Chuck How much wood woul d a woodchuck chuck， If a woodchuck could chuck wood？ He＇d chuck as much as a woodchuck coul d， If a woodchuck could chuck wood．

## 9． $2 a[C T D T]$ 的发音要领

舌身采取发［T］的姿势（参看5．1），但舌尖上翘与上齿齦后部接触，气流冲破这个阻碍发出短促的［ C］后立即发［ T］。［ CT］为清辅音，送气，声带不振动，［DT］的发音方法与［CT］一样，但它是浊辅音，不送气，声带振动。［CT DT］是后龈破擦音。

发这两个音时要注意不要把［CT］读成汉语的＂出＂或类似的音，也不要把［DT］读成汉语的＂住＂或类似的音。

9．2b Tongue Twi sters
－The tr acker tracked and tri cked and tr apped the tri cky tri ckster．
－Truman tried to trip in the treasured country of Australia．
－Typical tropical trivial trite trash．
－The truants tramp trustingly towards Troy．
－Davy Doll drum dreamed he drove dr agon．
Did Davy Doll drum dream $h$ e drove a dragon？ If Davy Dol I dr um dr eamed he drove a dragon，
Where＇s the dragon Davy Dol I drum dreaned he drove？
－Try the train on the tracks which won＇t go astray．
－M．Truman dr eamed of Mr ．Dryd en dri ving a truck al ong the dry track．
－The di m don dropped the drum

Dressed in drip－dry drawers．
－Dr at on dr eamed a dr eary dr eamwhi ch dr ast i cal ly dr ove hi mcr azy．
－How mach dew woul d a dewdr op dr op if a dewdr op could drop dew？

## 9．2c Verses

．Andrew－Drank A Dragon＇s－Brew
Andrew drank a dragon＇s brew，
It drove himdrastic into the bl ue；
Drops of drinking dripped like dew，
Drawing drakes to drink．It＇s true．

Try，Try Agai $n$
＇Tis a rule you shoul d heed：
＇Try，try agai n！
If at first you don＇t succeed．
Try，try agai $n$ ．

Try Your Omn Way
Try your way，try agai $n$ ，
Try to win the other nan，
Try to find the treasure－trove，
Try to conquer new donai n！

Dreans
Hol d fast to dreans
For if dreans die
Life is a broken－winged bird
That cannot fly．
Hold fist to dreans
For when dreans go
Life is a barren field
Frozen with snow．

9．3a［ CK DL］的发音要领
舌端先贴住上齿龇，堵住气流，然后稍微下降，气流随着下降泄出口腔。［CK］为清辅音，送气，声带不振动；［DL］为浊辅音，不送气，声带振动。［CKDL］是齿齿破擦音。注意不要把［CK］读成汉语的＂吃＂，也不要把［DL］读作汉语的＂知＂。

## 9．3b Tongue Twi sters

－Teds needs beds for his birds．
－Only words no deeds，just like a garden full of weeds．
－Keats sends gifts to his friends on Christmas．

- There are lots of odds and ends in the huts.
- Anidst the mists and col dest; frosts, Wth barest wrists and stoutest boasts, He thrusts his fists agai nst the posts And still insists he sees the ghosts.


## 9. 3c Verses

## The Queen of Hearts

The Queen of Hearts, she makes some tarts, It's all on a summer's day.
The Knave of Hearts, he steels those tarts, And hi des the tibbits away. The King of Hearts, he wants those tarts, And beats the Knave right sore. The Knave of Hearts brings back the tarts, And mends his ways. That's all.

## An Old Wbman of Leeds

There is an ol d woman of Leeds, Who spends all her time in good deeds;

She mends for the' poor,
She mends for the poor,
Till her fingers are sore, This pi ous ol d woman of Leeds!

## 第 10 单元 $[P Q R]$ 训练

## 10．1a［P］的发音要领

双唇闭拢，软腭下垂，气流从鼻腔泄出，［ P$]$ 是双唇鼻辅音；发音时声带振动，是浊辅音。

鼻辅音由于发音响亮，可以直接与其他辅音结合而构成音节，无需元音介入，所以也叫成音节。英语里鼻辅音除［P］外尚有 $[Q R]$ ，三者都是成音节音。

## 10．1b Tongue Twi sters

－Some man may make many mist akes in mathematics．
－Too many merry monents make mad Nadge mi schi evous．
－My dane has a lane tame crane．
My dame has a crane that is I ame．
Pray，gentle Jane，let my dane＇s tame crane
Fced and come home agai $n$ ．
－＂Are you copper－bottoming em ny man？＂
＂No，I＇m al uminuming＇em，Na＇aml＂
－＂Mbrtals may not match ny magic，＂
muttered the magi cian＇menaci ngly．
－Natthew Mendl egs missed a meddling，monkey．
Did Nat thew Nendl egs miss！a meddling monkey？
If Natthew Nendl egs missed a meddling monkey，
Were＇s the meddl ing monkey Natthew Mendl egs missed？
－My Mss Snithlisps and：！lists．Shelisps as she tal ks and she lists as she wal ks．
－M．，Mis．，Naster and Mss Mbth meet Mss，Master，Ms．and M． Noss．
－My not her made Nary，M nnie and Mblly march many times ar ound the roomto martial music．
－Ma．Nast on must niss his mascot the nastiff．
－Nany an anemone sees an eneny anemone．
－Nany milion minis merrily milling mid minstrels．
M xed met aphors muddle middl ing minds．
－The mighty master mur der ed the maddened magi strate．
－The minx mixed a medi ci nal mixture．
－Nany minci ng mai dens meandered moodily moonwar ds．
－A monk＇s monke mount ed a monastery wall munchi ng mashed mel on and melted macaroni．
－Nessy Nay Nessant may．
but musi ng Nasio Nay mustn＇t．
－A mai d in wal tham num，Once pl ayed the National Anthem num And broke a chrysant hemum num

- M. Natthew Nat hers munches mashed mar mal ade muffins.
- The musi ci an made music and moved multitudes.
- ' Manner s maketh man ' mout hed Mck.
- Tomis coming with some ham and mar mal ade.
- M cky Mbuse has a bi g mouth and st eel s away the cheese fromt he farner's house.
- The room was full of the musty smell of moul dering mel ons.
- Tommakes a practice of al nost smothering his meat in mustard.
- Ma. More mailed more money to Neridian, Nassachusetts.
- Nary and Myrtle were nerry nai ds, but they snashed every mug in the mansi on.
- Not her met a monkey int he middle of the nar ket and make a mail box of money.
- Nany men and women met in Nay to wat ch the anazi ng perfor mance by famous performers.
- Fanøus musi ci ans came from Naryl and to pl ay modern musi cal i nst r ument for M. Nartin and Mss Nary bef ore they got married,
- The same snart woman rementbered that she had swum nany miles on Monday morni ng.
- Mss Naggi e Nac Gregor makes magnificent macar oons.
- Muntbling buntblings. Buntbling muntblings.
- The ot her nother's smothered in moss.
- This myth is a mystery to me.
- There's the Nayor', s mayor al mule.


## 10. 1c Verses

If Nany Nen Knew
Wat Many Nen Know
If many men knew what many men know
If many men went where many men go,
If many men did. what many men do,
The world would be better; I thi nk so, don't you?

Sonet i mes I' m Good
Somet ime I'mgood,
Sometimes I ambad.
When I'mgood, ny momis glad.
When I bad, ny nomis mad.
So, I try to be good.

Flying Nan
Fl yi ng man, Flying man
Up iii the sky,

Were are you goi ng to，
Flying so high？
Over the ；mountai ns
And over the tea，
Flying man，Flying man
Won＇t you take me？

One Nan Went to Now
One man went to mow，
Went to now a meadow，
One man and his dog
Went to mow a meadow．
Two men went to mow，
Went to now a meadow，
Two men，one man，and his dog，
Went to mow a meadow．
Thr ee men went to now，
Went to now a meadow，
Three men，two men，one man，and his dog，
Went to now a meadow．

## 10．2a［ $Q$ ］的发音要领

舌尖紧贴上齿龈，形成阻碍，软腭下垂，作发［ C］状，但不爆破，气流从鼻腔流出。［ Q 是齿齔鼻音，声带振动，为浊音。

有人混淆 $[\mathrm{O}]$ 和 $[R]$ ，把［sin］读作 $[K I R]$ ，纠正方法看 10．3a
有人混淆［ Q 和［ S$]$ ，把 ni ght 读作 I i ght。纠正方法：掌握二者的发音要领，弄清二者之间的区别。发［ S］时可先以［（］开始，保持舌后上抬姿势不变，然后以舌尖抵住上齿龈，同时振动声带便可（参看 11．1）。 $[\mathrm{Q}]$ 和 $[\mathrm{S}]$ 的主要区别是：$[\mathrm{Q}]$ 的气流从鼻腔泄出；$[\mathrm{S}]$ 的气流在口腔内从舌侧泄出。

## 10．2b Tongue Twi sters

－N ne ni nbl e nobbl emen ni bbl ing nuts．
－Nine men fromnine lines were lined up at ni ne．
－That fine bunch of bananas will make a nice snack for noon．
－The rain in Spai $n$ falls mainly on the plains．
－No poi sonous snakes anywhere near here．
－Thi s gr een pai nt isn＇t thin enough，get some tur pentine to thin it．
－Neddi e Noodl e ni pped hi s nei ghbour＇s nut negs． Did Neddi e Noodl e ni p hi s nei ghbour＇s nut megs？ It Neddi e Noodl e ni pped hi s nei ghbour＇s nut megs Where are the nei ghbour＇s nut megs Neddi e Noodle ni pped？
. "N ght to the other Kni ght the other ni ght," ni ght, ni ght, Kni ght."

- "Have you got the knack of the new knapsack strap, Not?" N nety-ni ne naughty knitted nick-nacks were nicked by ni net $y$ - ni ne naughty, naughty knitted ni ck- nack ni ckers.
- N ne ni ce. ni net een- year- ol d nur ses Kni t ni ne ni ce kni ckknacks.
- Now ni ne ni ce nurses need neckl aces,
- Nine nestlings nestle ni ghtly in their ni ne nests.
- Nifty ni na ni bbl es ni ce knobbly nougat.
- Ned needed to nane no new names.
- Nine naughry nanny-goats ni bbl ed ni ne ni ce new nast urti uns.
- The next number i s nei ther ni ne no ni net y-ni ne, but ni ne thousand ni ne hundred and ni nety-ni ne.
- I need not your needl es, they're needl ess to me, For needi ng needl es were needl ess you see. But did ny neat trousers but need be kneed,
I then should have need of your needl ess indeed.
- Nice ni eces nestle ni cely in Nice.
- The new nuns knew the true nuns knew the new nuns too.

10. 2c verses'

The Sky So Bl ue
Who made the sky so bl ue?
Not I nor you.
Only uni verse made the sky
Not you nor 1.
The Snare
by J. Stephens
I hear a sudden cry of pai $n$.
There is a rabbit in a snare;
Now I hear the cry agai $n$,
But l cannot tell from where.

And I cannot find the place
Were his paw is in the snare!
Little one! oh, little one!
I am searching everywhere.
The First Snow
by Ruth Katzin
The snow is cl ean;
The snow is white;

The snow falls softly
Thr ough the ni ght．
Tile snow is soft；
The snow＇s a toy
For every I aughi ng
Grl and boy．

## 10． $3 a[R]$ 的发音要领

舌位和［E g］相同，但软腭下垂，堵住口腔通道，气流从鼻腔流出。 $[R]$ 是鼻辅音，发音时声带振动，$[R]$ 为软腭鼻音。 $[R]$ 和 $[Q]$ 易混淆，要澄清这个混淆，就必须搞清楚 $[\mathrm{Q}$ ］和 $[R]$ 的发音方法。发 $[\mathrm{O}]$ 时，舌尖与齿齔形成阻碍。发 $[R]$ 时，软腭降至舌后根部形成阻碍。二者声带都振动，气流都从鼻腔泄出。

## 10．3b Tongue Twi sters

－In his anger，he banged his ankle．
－The spring brings many charming things．
－A thousand thanks for your charming songs．
－Tom was pl ayi ng and M．Ki ng was si ngi ng a rousi ng song．
－M．King is looking at the swinging string hanging fromthe ceiling．
－They were si ngi ng and danci ng and shout ing，not gi vi ng thought to the noi se they were making．
－He sang a wrong tong after he drank the strong wi ne．
－When a bell rings or tinkles we may say that it goes＂ting－ a－ling．＂

## 10．3c Verses

Spring Brings Nany Charming Thi ngs
Spring brings many charming things：
Birds are flying，
Lanbs are dancing．

## 第 11 单元［ S］训练

## 11． 1 ［ S$]$ 的发音要领

## ［S］有两种情况：

1）［ $S$ ］出现在元音之前，叫清晰舌边音。发清晰［ S ］时，舌端紧抵上齿雄，舌前向硬腭抬起，气流从舌的一侧或两侧泄出。

有人［Q S］不分，纠正方法参看 10．2 2 。也有人把 I ead 读成 read。混淆 $[T]$ 和 $[S]$ ，要区分 $[T]$ 和 $[S]$ ，主要是掌握 $[T]$ 的发音要领（参看 5.1 ）。发 $[T]$ 时，舌侧收拢，双唇前突，舌尖上抬但不接触上齿齿，气流从舌前的凹处流出。发［ S$]$ 时，舌端紧抵上齿龈，气流从舌侧流出。

2）［S］出现在辅音前和元音后，叫含糊的舌边音。为了便于区别，常把含糊的写作 $[\mathcal{L}]$ 。发［ $\downarrow$ ］时，舌端抵齿龇，舌前下陷，舌后上抬（相当于［（］），舌面形成凹槽，气流从舌边泄出。

## 11． 2 Tongue Twi sters

－Little tal es please little minds．
－Tell Will to fill the pail with milk．
－Paul had a fearful fall fromthe high wall．
－The cold milkinthe blue kettle will boil quickly．
－Lane I ants I imp．
－Lanbert is literally literary．
－Let＇s look for I eaves in the I arge I ake with a Iong I adder．
－Lottielicks Iollies lolling in the lobby．
－Little Lessy wrote aletter to her sister Lily．
－Leilalistened to the lilt of the lark．
－Elizabeth lisps I engt hy I essons．
A library littered with literary literature．
Knite likes N col as and Lee． N col as needs Lee and Knite．
－Lovely lilacs line Lee＇s I onely lane．
－Let Lucy light a candle and we＇ll all look for the missing ball．
－Lucy I ingered，I ooking I ongi ngly for her lost I apdog．
－Poor little Billie is so silly that she＇s al most a lunatic！
－Lesset leather never weathered lesser wetter weather．
－The I one I overs I eave the I eafy I ane．
－Lots of Iittle London I anp－lighters lit London＇slot of little 1 amps．
－The bad I ad Iimps gl adly al ong the badly－Iighted I andi ng．
－Li sten listlessly to the lilting lullabies．
－A tall eastern girl naned Short Iong loved a big Mi．Little． But Little，thinkinglittle of Short，I oved alittlelass named Long．
To bel ittle Long，Short announced she woul d marry Little bef ore long．This caused Little shortly to marry Long．

To make a long story short, didtall Short I ove big Littleless because Little loved little Long mores?

- Lanky Law ence lost his I ass and I obster. Did Lanky Lawr ence I ose hi s I ass- and I obster?
If Lanky Lawrence Iost his I ass and I obster.
Where are the I ass and I obster Lanky Lawrence I ost?
- The foolish fellow left his wallet lying on the table, where all could see it.
- The bulk of the milk is scal ded in a cauldron, but not boiled for a long time.
- Little Lily and - Little Nellie are writing letters.

Let's Leave Little Lily and Little Nellie al one.

- Li zy l ooked alittlelistless, while Lucy looked alittlej oyl ess. Now pl ease tell me: Wi ch of the twolittle girls could possi bly show a better look?
Little Lucy Locket has I ost her pocket. So she sl eeps all ni ght and then sl eeps al I day.
- Little I anb clinbed the wall and slept on the wall, but fell of $f$ and hurt the legs.
- Tell Williamto askthelittleladtofill the kettle with water fromthe well.

Contrast [S T]

- Don't run al ong the wrong I ane!
- Rover really likes rolling on the Iawn
- Carol regularly leaves at el even.
- Lions roar loudly all right.
- Will Larry feel well tomor row?

Contrast [ Q S]

- N cky saw bl ue light at ni ght?
- The lice are not ni ce.
- The I ad had a nap on his I ap.
- He knocked at the locked door.
- Let the net go.

11. 3Ver ses

Summer Mbrning by Barbara Young
Summer norni ng
Bright and early,
W nds are: waki ng,
Cl ouds are, curly......
Everything

Is rosy, pearly,
Summer norni ng
Bright and early.

> Maytime Nagic by Nabel Watts

Alittle seed
For me to sow...
Alittle earth
To make i t grow...

Alittle hole,
Alittle pat..
Alittle wish,
And that is that.

Alittle sun,
Alittle shower...
Alittle while,
And then - a flower!

Polly, Dolloy, Kate and Molly, Polly, Dolly, Kate and Mblly

## 第12单元［UV］

## 12．1a［U］的发音要领

舌前部向硬腭尽量抬起，双唇向两旁伸展成扁平形，声带振动。该音一经发出，立刻向后面的元音滑动，故又称滑音。

## 12．Ib Tongue Twi sters

－The young man from Yugosl avi a wants to view Yale Uni versitv． A yell ow yo－yo young Herbert used to use
－You usedn＇t to use Younger＇s yell ow yard，used you？
Yesterday I heard a curious and beau tiful new tune．
－The youth told a peculiar yarn about a yacht that was used for smuggl ing．
－Yes，he uses a tube of uni que yellow liquid made fromonions to cure that di sease．
－Li steni ng to beautiful music may make．you yearn to hear more musi c．
－It would be curious to use the yol ks of a few new eggs in that st ew．
－I assume the．new st udent in the queue has been to a Eur opean uni versity．
－You ref used to ．choose the suitable suit for you without any excuse at all．
－The young musici ans played the music beautifully．
－Few peopl e knew music and amused themsel ves as usual．
－The familiar huge＇tubes fromlndia are due on Tuesday．

12．1c Verses
Your Years Are New
Your years are new， Our hope＇s in you， Dear youths，be cute， your fut ure＇s in view．

You＇re Just Si xteen，Harriet You＇re just si xt een，Harriet， And never had a beau； Your mot her＇s dead I ong time ago， Your daddy you don＇t know．

## 12． 2 a ［ V$]$ 的发音要领

舌后部向软腭抬起，双唇收得又圆又小，并向前突出，声带振动，

该音一经发出，马上向后面的元音滑动，因此也叫滑音。有人［VH］不分，关键是没有掌握［ V］的发音要领。发［ V］时可以从［ u ：］的口形出发，将双唇尽量突出，并收圆，很象吹口哨时的唇势，然后振动声带。注意下唇勿触及上齿，如下唇触及上齿，便发出 $[H]$ 音。

## 12．2b Tongue Twi sters

－We woul d work well if we were wi se．
－Wi ch word＇would one want if one wanted a word？
－A wired white wolf is wandering wearily in the woods．
－＂Wat will you wear，a white wai st coat or a woollen sweater？ Little Willie＇s wooden whi stle woul dn＇t whi stle．
－Edwar d．acqui red t went y one exqui site woodcut s whi I e he was away．
－Wee WIII e wept wil dly when hi s wi cked，uncl e whi pped，hi mwell．
－The．，quality of their woollen wares is well worth enquiring into．
－We wat ched the weak women who were weavi ng and whi spering．
－The wife of the waiter wi shed to wash the wet wool ens in warm wat er．
－Wilie went away to the woods，weepi ng qui etly on the way．
－WII you wait a while for sone warmwi ne to keep you warm？
－Walter was waiting，worrying，and wat chi ng the wet weat her and the west wi nd．
－Wllie wept wildly when his wicked wife whi pped himwith a whi ppi ng whi p．
－Wheedl ing，weepi ng W nnie wails wildly．
Wbod sai d he woul d carry the wood through the wood．
And if Wbod sai d he woul d，Wbod woul d．
－Thi rty thrifty whi st ling washer s wi tchi ngl y whi st ling，wi shi ng washi ng was washed．
－Wo washed Washington＇s white wool en underwear，when Uashi ngt on＇s washer woman went west？
－Wi ch is the witch that wi shed the wi cked wi sh？
－The wild wind whi pped Will Wite fromthe wharf．
－Wishy－washy WIfrid wi shed to win a wager．
－I wonder whet her the weat her will waft the wher ry wher ei $n$ the weather is，and whether the whether will weat her the weat her． Oswal d Wittle＇s whi stle out Whistles all other whi stlers＇ whi stles in Oswal d twistle．
－A white witch wat ched a woe begone wal rus wi ndi ng white wool．
The wild wolf roans the wintry wast es．
Walter Waddlle＇won a wal ki ng wager．
Did Walter Waddle win a wal king wager？
If waiter Waddl e won a wal ki ng wager
Where＇s the wal king wager Walter Waddle won？

- Weak writers want white rul ed writing paper.
- Will real wheel s really wheel? We wi ves whi stle while weaving worsted wai st coats.
- Esau Wbod sawed wood. Esau Wbod woul d saw wood. Oh, the wood that Wbod woul d saw 1 One day Esau Wbod saw a saw saw mood as no ot her moodsaw Wood ever saw woul d saw wood. Of al I the wood saws Wbod ever saw saw wood, Wbod never saw a woodsawt hat woul d saw wood I i ke the woodsaw Wbod saw woul d saw wood.
Now Esau hood saws with that saw he saw saw wood.
- The swi sh of the swift, well-whetted scythes, as the reapers swing and sway, is - wonderful music.
- "Wat, why, when, and where" are the words we require quite we want to ask questions.
- Wi I e wai ting in the wai ting- room MA. Wall ace whi st I ed hi s weary t une whi ch sent the whi spering women away.
- Wat a wonderful pi ece of work the Great Wall. Is, that winds its way wonderfully with the wi nding ranges of mountains al l the way to the west!

12. 2c Verses

Wllie And Walter Swam Toget her
Wllie was willing to swim
In the I ake of West Hill.
Walter and Wilie often shared weal and woe.
So they went together to the lake of west HII.

## On the Swing

Suing me, over the water,
Swing ne over the sea,
Suing ne over the gar den wall,
And swing re home for tea.

## Cl ouds

by Christina Rossetti
White sheen, , white sheep,
On a blue hill,
When the wind stops
You all stand still.

When the wi nd bl ows
You wal $k$ away sl ow,
Wite sheep, white sheep,
Were do you go?

One Thing At A Time
Wbrk while you work,
Pl ay while you play, This is the way

To be cheerful and gay.
Noments are usel ess
When trifled away;
So work while you work,
And play, while you play.

